



Please note that all these activities are in addition to our weekly schedule as detailed in the 2010 Programme. Please contact us for more details of activities.

**Activities are for both youth and adult unless specified.**

Sessions continue on Sundays throughout the winter subject to clothing requirements.

WBB reserves the right to change this calendar at any time - so keep an eye on our website for updates and amendments!

[www.westminsterboatingbase.co.uk](http://www.westminsterboatingbase.co.uk)

## Sailing



**Overbury Trophy Racing:** The Overbury Trophy is a season-long series of races for young people and adults with the results accumulating throughout the year. Separate adult and youth trophies. For RYA Level 2 holders.

**RYA Level 1 & 2 sailing course:** A 4 day course for adult beginners, teaching you everything you need to know to be able to sail a dinghy on your own. Price: £300

**RYA Stage 1, 2 & 3 sailing course:** A course for young people teaching you everything you need to know to be able to sail a dinghy on your own. Price: Included with youth membership.

**RYA Seamanship Skills course:** Advanced skills course for level 2 holders with a season of sailing experience. Price: £50 to season ticket holders, £100 to non-members and free to youth members.

**London Youth Games sail training sessions:** These are held every Thursday evening until the regatta in June. Youth members will form the squad, a selected number of which will form the team. Anyone between 10 and 18 yrs with a RYA Level 2 or Stage 3 can join the sessions and the squad.

## April

Date	Time	Event	Description
Bank Holiday Monday 5th		Closed	
8th	5.45-9pm	Overbury Trophy	Race 1
22nd	5.45-9pm	Overbury Trophy	Race 2
24, 25 April & 1, 2 May	10am-6pm each day	RYA Level 1 & 2	Adult Dinghy Sailing course 1. Book in advance

## May

Date	Time	Event	Description
Bank Holiday 3rd May	5.45-9pm	Experienced sailing (RYA Level 2 holders)	Our evening session will run as normal.
6th	5.45-9pm	Overbury Trophy	Race 3
20th May	5.45-9pm	Overbury Trophy	Race 4
22,23 & 29, 30	10am- 6pm each day	RYA Level 1 & 2	Adult Dinghy Sailing course 2. Book in advance
Bank Holiday 31st	5.45-9pm	Experienced sailing (RYA Level 2 holders)	Our evening session will run as normal.
31 May—4 June (school half-term)	tbc	Sailing trip for young people.	RYA Level 1 / Stage 2 minimum. Details tbc

## June

Date	Time	Event	Description
5th June	tbc	London Youth Games Regatta @ Royal Victoria Dock	A team selected by WBB from our squad will represent West- minster at the games. Training sessions on Thursdays.
10th	5.45-9pm	Overbury Trophy	Race 5
20th June	tbc	Downriver Sail	A day-sail downriver to Erith and back for RYA Level 2 / Stage 3 sailors.
24th June	5.45-9pm	Overbury Trophy	Race 6
26, 27 June & 3, 4 July	10am-6pm each day	RYA Level 1 & 2	Adult Dinghy Sailing course 3. Book in advance

## July

Date	Time	Event	Description
8th July	5.45-9pm	Overbury Trophy	Race 7
22nd	5.45-9pm	Overbury Trophy	Race 8

Date	Time	Event	Description
26, 27, 28, 29 July	12- 1.30pm, 2- 3.30pm each day	Summer of Sport taster sessions	FREE introductory sessions for anyone aged 10+ including adults.

## August

Date	Time	Event	Description
5th Aug	5.45-9pm	Overbury Trophy	Race 9
9th & 10th	12-3pm each day	RYA Stage 1 & 2 sail- ing course	Book in advance
11th & 12th August	12-3pm each day	RYA Stages 1,2 & 3 course	Book in advance
19th	5.45-9pm	Overbury Trophy	Race 10
25th & 26th	12-3pm each day	RYA Stages 1,2 & 3 sailing course	Book in advance
Bank Holiday 30th	1-4pm + BBQ	Informal racing re- gatta	An afternoon of fun and casual racing followed by members' BBQ. Helmsman must be RYA Level 2 / Stage 3. Young people and adults.

## September

Date	Time	Event	Description
16th Sept	5.45-9pm	Overbury Trophy	Race 11
25th & 26th	10am—6pm each day	RYA Seamanship Course	Book in advance

## October

Date	Time	Event	Description
2, 3 & 9, 10	10am-6pm each day	RYA Level 1 & 2 Adult Dinghy Sail- ing course 4	Book in advance. Last adult course until April 2011.

# Powerboating



Courses are priced at £300 per head. See our programme for details of content.

A one-day direct assessment for experienced helms can be made on a one-to-one basis for £250.

All courses are run in our own powerboats. Please book in advance by completing a Course Application Form (available from our website [www.westminsterboatingbase.co.uk](http://www.westminsterboatingbase.co.uk)).

## Courses

**RYA Powerboat Level 1 and 2 (2 day course):** 10-6pm each day. £300

April 11th & 18th	May 22nd & 23rd	July 3rd & 4th
April 24th & 25th	May 29th & 30th	Sept 25th & 26th
May 1st & 2nd	June 13th & 20th	October 2nd & 3rd
May 9th & 16th	June 26th & 27th	October 9th & 10th

**RYA Youth Powerboat Level 1 Course.** A limited number of youth members will be given places as a reward for their assistance and goodwill throughout the season.

October 25th & 26th. 11am—4pm each day

# Kayaking & Canoeing



**Adult BCU One Star Course:** A one day beginner course in kayaking. Price: £50.

**BCU Two Star course:** An improvers course teaching more advanced skills and self-rescue techniques.

**WBB Slalom League:** A series of races throughout the season suitable for anyone with a BCU One Star certificate who would like to have a go at racing. Attendance at every race is not essential—the more you make the better chance you have of winning. Training is provided before the racing.

**WBB Freestyle Series:** A series of competitions preceded by coaching. An ability to roll is an advantage but anyone with a BCU One Star is welcome.

**PaddlePower Awards:** The young persons version of the BCU Star awards.

**London Youth Games Training:** This is on every Thursday evening until the games in June. Anyone aged 10-18 yrs with a BCU One Star can join the squad from which a team will be selected at the end of April to represent Westminster.

## April

Date	Time	Event	Description
7th & 8th	12-3pm each day	BCU Foundation Safety & Rescue Test	A basic canoe and kayak rescue skills course. Book in advance. Minimum age 14 years & BCU 2 star ability. Free to young members. £30 to adults. Extra charge for certificate of £10. Limited places available.
15th	5.45-9pm	Slalom League	Race 1
22nd	5.45-9pm	Freestyle Series	Event 1
25th	10-6pm	Upriver paddle	An upriver paddle to Kew and back. Book in advance.
29th	5.45-9pm	Slalom League	Race 2

## May

Date	Time	Event	Description
13th	5.45-9pm	Slalom League	Race 3
Sunday 16th	10-6pm	Adult BCU One Star course	Book in advance.
20th	5.45-9pm	Freestyle Series	Event 2
21st, 22nd & 23rd May	tbc	Slalom kayaking trip for young persons	A division 3/4 introductory slalom and camping trip to Orton Mere in Peterborough leaving on the Friday evening. Price: tbc. Book in advance. Minimum BCU 1 Star ability.
27th	5.45-9pm	Slalom League	Race 4

## June

Date	Time	Event	Description
5th June	tbc	London Youth Games paddle- sports event	A team selected by WBB from our squad will represent Westminster at the games which will be held in Royal Albert Docks.

Date	Time	Event	Description
17th June	5.45-9pm	Slalom League	Race 5
Sunday 20th	10-6pm	Adult BCU One Star course	Book in advance.
24th	5.45-9pm	Freestyle Series	Event 3
Sunday 27th	tbc	Slalom kayaking day-trip for young persons & adults	A division 3/4 introductory trip to Shepperton Weir. Price: tbc. Book in advance. Minimum BCU One Star ability.

## July

Date	Time	Event	Description
1st July	5.45-9pm	Slalom League	Race 6
15th	5.45-9pm	Slalom League	Race 7
18th July	10-6pm	Adult BCU One Star course	Book in advance.
22nd	5.45-9pm	Freestyle Series	Event 4
29th	5.45-9pm	Slalom League	Race 8
26, 27, 28, 29	12-1.30pm, 2-3.30pm each day	Summer of Sport taster sessions	FREE introductory taster sessions for anyone aged 10+

## August

Date	Time	Event	Description
2nd—13th Aug	tbc	Summer whitewater kayaking trip	For young people. Details tbc Minimum 2 star ability.
12th	5.45-9pm	Slalom League	Race 9
16 & 17th	12-3.30pm	BCU One Star Course	Book in advance. Included with young persons membership.

Date	Time	Event	Description
18 & 19th	12-3.30pm	BCU One & Two Star Course	Book in advance. Included with young persons membership.
19th	5.45-9pm	Freestyle Series	Event 5
22nd	tbc	Upriver paddle	A day-trip paddling upriver to Kew. Minimum One Star ability
23 & 24th	12-3.30pm	BCU One & Two Star Course	Book in advance. Included with young persons membership.
26th	5.45-9pm	Slalom League	Race 10
Bank Holiday 30th	1-4pm + BBQ	Fun and games session.	An afternoon of fun and games followed by members' Barbecue. Young people and adults.
31st Aug— 2nd Sept	12-1.30pm & 2-3.30pm	Kayaking taster sessions for visiting groups	Can be booked by youth groups. Payment confirms booking. £10 per head.

## September

Date	Time	Event	Description
9th	5.45-9pm	Slalom League	Race 11
16th	5.45-9pm	Freestyle Series	Event 6
23rd	5.45-9pm	Slalom League	Race 12
25th Sept	tbc	Shepperton Div 3/4 slalom	Young persons & adult
26th	tbc	Shepperton Div 3/4 slalom	Young persons & adult

## October

Date	Time	Event	Description
28th (half-term)	tbc	Whitewater kayaking day-trip	For young people. Details tbc.

# Special Events



Date	Time	Event	Description
Tuesday 13th April	7-8pm	“Back to the Water” Parents’ Evening	A chance for the parents to see a session in progress, understand what we do, meet the staff and get involved. All welcome, please confirm attendance.
15th July	tbc	Dragon Boat Racing at Paddington Basin	A fundraising event for WBB. Come along and support the racing.
24th & 25th July	tbc	Around London Charity Paddle	A trip through the canals of London organised by the Pimlico Paddlers for all adult users. Sponsorship required to take part and volunteers needed for logistics. Contact us for details.
15th, 22nd & 29th August	tbc	Family Activity Days	A range of land and water based activities for all the family. Check our website in July for details or register your interest via email. Volunteers and helpers needed.
Bank Holiday 30th August	5pm—10pm	Members’ BBQ	All young and adult members and their family welcome. Details tbc.
11 & 12th September	tbc	Thames Festival	An annual event involving waterside stalls and activities at London Bridge. Volunteers needed to run the WBB stall.
12th December	2-5pm +	Members’ Christmas party	A paddle and sail through the city followed by prize-giving & the Members’ Christmas party. All youth and adult members and their family welcome. Details tbc.
tbc		London Regatta	A London-wide sail racing event. WBB will be entering a team. For RYA L2 holders. Contact us.
tbc		“No Tide Day” slalom and freestyle kayaking event.	An introductory and fun event in slalom and freestyle competition for those who have their BCU one star certificate. Contact us for details.

Westminster Boating Base  
136 Grosvenor Road  
London  
SW1V 3JY

020 7821 7389

[enquiries@westminsterboatingbase.co.uk](mailto:enquiries@westminsterboatingbase.co.uk)  
[www.westminsterboatingbase.co.uk](http://www.westminsterboatingbase.co.uk)